

Life Skills Overview

		Autumn		Spring		Summer	
Value		Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being my Best	Growing and Changing
PSED	Nursery	<u>Marvellous me!</u> <u>I'm special</u> <u>People who are special to me</u>	<u>Me and my friends</u> <u>Friends and family</u> <u>Including everyone</u>	<u>People who help me and keep me safe</u> <u>Safety Indoors and Outdoors</u> <u>What's safe to go into my body</u>	<u>Looking after myself</u> <u>Looking after others</u> <u>Looking after my environment</u>	<u>What does my body need?</u> <u>I can keep trying</u> <u>I can do it!</u>	<u>Growing and changing in nature</u> <u>When I was a baby</u> <u>Girls, boys and families</u>
	Reception	<u>All about me</u> <u>What makes me special</u> <u>Me and my special people</u> <u>Who can help me?</u> <u>My feelings</u> <u>My feelings (2)</u>	<u>I'm special, you're special</u> <u>Same and different</u> <u>Same and different families</u> <u>Same and different homes</u> <u>I am caring</u> <u>I am a friend</u>	<u>What's safe to go onto my body</u> <u>Keeping Myself Safe - What's safe to go into my body (including medicines)</u> <u>Safe indoors and outdoors</u> <u>Listening to my feelings</u> <u>Keeping safe online</u> <u>People who help to keep me safe</u>	<u>Looking after my special people</u> <u>Looking after my friends</u> <u>Being helpful at home and caring for our classroom</u> <u>Caring for our world</u> <u>Looking after money (1): recognising, spending, using</u> <u>Looking after money (2): saving money and keeping it safe</u>	<u>Bouncing back when things go wrong</u> <u>Yes, I can!</u> <u>Healthy eating</u> <u>My healthy mind</u> <u>Move your body</u> <u>A good night's sleep</u>	<u>Seasons</u> <u>Life stages - plants, animals, humans</u> <u>Life Stages: Human life stage - who will I be?</u> <u>Where do babies come from?</u> <u>Getting bigger</u> <u>Me and my body - girls and boys</u>
	Year 1	<u>Why we have classroom rules</u> <u>How are you listening?</u> <u>Thinking about feelings</u> <u>Our feelings</u> <u>Feelings and bodies</u> <u>Good friends</u>	<u>Same or different?</u> <u>Unkind, tease or bully?</u> <u>Harold's school rules</u> <u>It's not fair!</u> <u>Who are our special people?</u> <u>Our special people balloons</u>	<u>Super sleep</u> <u>Who can help? (1)</u> <u>Good or bad touches?</u> <u>Sharing pictures</u> <u>What could Harold do?</u> <u>Harold loses Geoffrey</u>	<u>Harold has a bad day</u> <u>Around and about the school</u> <u>Taking care of something</u> <u>Harold's money</u> <u>How should we look after our money?</u> <u>Basic first aid</u>	<u>I can eat a rainbow</u> <u>Eat well</u> <u>Harold's wash and brush up</u> <u>Catch it! Bin it! Kill it!</u> <u>Harold learns to ride his bike</u> <u>Pass on the praise!</u> <u>Inside my wonderful body! (OPTIONAL)</u>	<u>Healthy me</u> <u>Then and now</u> <u>Taking care of a baby</u> <u>Who can help? (2)</u> <u>Surprises and secrets</u> <u>Keeping privates private</u>
	Year 2	<u>Our ideal classroom (1)</u> <u>Our ideal classroom (2) (OPTIONAL)</u> <u>How are you feeling today?</u>	<u>What makes us who we are?</u> <u>My special people</u> <u>How do we make others feel?</u>	<u>Harold's picnic</u> <u>How safe would you feel?</u> <u>What should Harold say?</u> <u>I don't like that!</u>	<u>Getting on with others</u> <u>When I feel like erupting</u> <u>Feeling safe</u> <u>Playing games</u>	<u>You can do it!</u> <u>My day</u> <u>Harold's postcard - helping us to keep clean and healthy</u> <u>Harold's bathroom</u>	<u>A helping hand</u> <u>Sam moves away</u> <u>Haven't you grown!</u> <u>My body, your body</u> <u>Respecting privacy</u>

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		<u>Let's all be happy!</u> <u>Being a good friend</u> <u>Types of bullying</u> <u>Don't do that!</u> <u>Bullying or teasing?</u> <u>(OPTIONAL)</u>	<u>When someone is feeling left out</u> <u>An act of kindness</u> <u>Solve the problem</u>	<u>Fun or not?</u> <u>Should I tell?</u>	<u>Harold saves for something special</u> <u>Harold goes camping</u> <u>(OPTIONAL)</u> <u>How can we look after our environment?</u>	<u>What does my body do?</u> <u>My body needs...</u> <u>(OPTIONAL)</u> <u>Basic first aid</u>	<u>Some secrets should never be kept</u>
Life Skills/ Enrichment Opportunities		Rock Rules Online safety - CEOP Jessie and Friends British Value of Democracy – Voting for School and ECO council rep Fireworks code Year 2 - Friendship Friends applications and interviews Allergy Awareness Assembly Feeling Good week Anti-bullying week Weekly Picture News Assemblies		Link to new year's resolutions Online safety - Smartie the penguin Life Bus Education International Happiness Day Weekly Picture News Assemblies		Bike Safety Sun Safety Transition - Moving on – visit to new classrooms Golden boot Weekly Picture News Assemblies	